Medical summary for first responders

Copy from page 19 and page 20 only what you are comfortable sharing, then post it where responders would look, such as the fridge.

Person	Born	Allergies	Medicines and doses	Conditions or devices

Emergency contact

Phone

Preferred hospital

Pharmacy

Call 911 first in an emergency. Anyone who comes into the house can read a page on the fridge, so include only what you are comfortable sharing.