Babysitter and caregiver sheet

What a helper needs to know while we are out.

The address to give 911

Nearest cross street or landmark

Call in this order	Name	Phone
1. A parent or guardian		
2. The other parent, or a local contact		
3. A neighbor		
Poison Control 1-800-222-1222		

Child	Bedtime	Allergies, medicines, and things to know

House rules *screens, snacks, doors, visitors*

First aid supplies are at

Flashlights are at

Wi-Fi network name

The password can be found at *write where, not the password*

If there is a fire, take the children out to

For severe weather, go to

Pets, and who feeds or walks them

Anything else a helper should know

Our one-page plan is posted at _____ .

Fill this sheet in, then leave it where the sitter will see it.